

How Can You Get Help During the Pandemic?

Below are 5 areas many people need assistance with during this difficult time.

In Central Florida, we have many free services to help people in need. All of us at Brett Bressler, Attorneys at Law want to provide information and helpful resources for our clients and community partners who are either in need of assistance or trying to help others during this pandemic. Please feel free to reach out to our firm if we can assist with any of your legal problems or can answer questions. Connect with us and sign up for our email updates by clicking [HERE](#).

5 Resources for COVID Assistance

Food:

Many families and individuals are affected by job loss, reduced hours, and a lack of overall resources. These conditions can lead to people needing help with food. Many food banks, pantries, and meal programs are offering assistance.

- To locate **Food Distribution Sites** in Central Florida click [HERE](#).
- For a list of **Florida Food Banks** click [HERE](#).
- To apply for **Food Assistance** and see if you qualify to receive an **Electronic Benefits Transfer** card in the mail click [HERE](#).

Jobs:

With some companies temporarily closing or laying off staff, others are looking to expand during the COVID-19 pandemic.

- If you are **Searching for a Job** during this time of uncertainty click [HERE](#).
- For **Reemployment Assistance** (formally referred to as Unemployment Compensation) click [HERE](#):
- To update your job skills, apply for local job postings, or connect with a local career center please click [HERE](#).
- For information on **Stimulus Payments** click [HERE](#).

COVID Testing & Medical Help:

Several organizations are helping with medical support, paying bills and other essential services.

- To see if you qualify and to view the available resources click [HERE](#).
- To find a **COVID Testing Site** click [HERE](#).
- For a list of ways to **Alleviate Stress and Anxiety** click [HERE](#).
- For ways to stay safe and **Cope During the Holidays** click [HERE](#).

Charitable Opportunities:

Many people are looking for ways to give back and help during this difficult time. If you are interested in volunteering, donating, or becoming an advocate, there are many ways to help other individuals.

- Click [HERE](#) for **Giving** opportunities.
- Click [HERE](#) for **Advocacy** opportunities.
- Click [HERE](#) for **Volunteering** opportunities.
- To join or organize an Online Aid Group which allows members to share ideas, stay connected, and help others in need click [HERE](#).

Small Business Help:

Many resources are available for small business owners, including SBA loans, debt relief options, and grants.

- For a complete list of Small Business Administration resources click [HERE](#).
- Congress passed the **CARES Act** to minimize the impact of the COVID pandemic.
- To view information on the **Paycheck Protection Program (PPP)** click [HERE](#).
- For a list of **Loan Resources and SBA Guidance** click [HERE](#).